

Dear			
We would like to take thi & Rehabilitation, the off our practice!	is opportunity to welco ice of Dr. Theodore W	ome you to Atlant 7. Nicholas. Thank	ic Pain Management you for choosing
You have an appointmen	t scheduled with Dr. 1	Nicholas at the Ki	ll Devil Hills
office on	at	•	

#### PLEASE ARRIVE 20 MINUTES EARLY.

It is our philosophy to provide our patients with the most thorough, quality care available. Your initial visit will require you to be in our office approximately 1-1½ hours.

We appreciate your taking the time to fill out the enclosed forms, and ask that you bring the completed forms to your appointment. If you arrive without all forms fully completed, we have the right to reschedule your visit. In addition, please remember to bring your insurance cards, a valid driver's license or picture I.D. and all medications in their current containers.

The doctor will need copies of all medical records regarding your condition, including MRI, CT and x-ray reports. Please contact any other physicians you have seen for this condition and have them provide these records. They can either be mailed to us in advance of your appointment, or faxed to us at 252-441-7793. If we are unable to obtain your records prior to your appointment, we may have to reschedule your visit.

Our office will gladly provide any medical facility a copy of our office notes promptly, and at no charge with proper written consent of the patient. If you request copies of your records for personal use, or for a non-medical designate, a medical release must be signed. A processing fee of \$10.00 and a charge of 50¢ per page will be billed.

In the event that we have a check returned due to insufficient funds, you will be notified immediately. A \$30.00 fee will be assessed for any returned check.

Please be aware that our normal business hours are Monday through Thursday, 8:30am to 5:00pm and Friday 8:30am to 12:00pm. We are closed for lunch from 12:00pm to 1:00pm Monday through Thursday.

Dr. Nicholas and the staff of Atlantic Pain Management & Rehabilitation look forward to meeting you. Please feel free to call us if you have any questions, or if we can be of assistance.



# - PATIENT REGISTRATION FORM -

		***************************************
Patient's Name:		Male
Street Address:		
City:		State: Zip:
Home Telephone:	Work Telephone:	Cell Telephone:
		Date Of Birth:
Contact In Case Of Emergency:		Contact Telephone:
Primary Insurance Carrier:		
		Effective Date:
		onship To Patient:
		<u> </u>
Subscriber's Employer (If different from	ı self):	
Secondary Insurance Carrier:		
		Effective Date:
		onship To Patient:
		onship to ration.
Who referred you to this practice:		
who referred you to this practice.		
-		
		anagement & Rehabilitation, P.C., to apply for benefits ntic Pain Management & Rehabilitation, P.C., I certify
		ntic Pain Management & Rehabilitation, P.C., I certify thorize the release of any necessary medical or other
		py of this authorization and assignment to be used in
place of original. I understand that I am ultima	nately responsible for all charges whethe	her or not paid by said insurance. I agree to assume
		lections (including court costs) in the event of a default.
Signature:		
Witness:		Date:



# INITIAL PAIN ASSESSMENT & MEDICAL HISTORY QUESTIONNAIRE

Thank you in advance for taking the time to complete this confidential questionnaire!

Please bring it with you to your first appointment.

Patient Name:			D(	)B:		1		Age:
List the body site(s) wh	nere you are experiencing pai	n:						
Does your pain radiate	anywhere? (For example, in	to arms, legs, ch	est, abdom	en, etc.):				
Check the words that b	pest describe your pain: Aching Throbbing Shooting Stabbing Intermittent	☐ To	narp ender urning agging onstant			Pins and Numbir Miserab Unbeara	le	
Circle the number that (No Pain) 0	best describes your pain at i	ts worst during 4 5		nth: 7	8	9	10	(Worst Pain Imaginable)
Circle the number that (No Pain) 0	best describes your pain at it	ts best during th 4 5			o	0	10	
•	best describes your pain as in	-	o	7	8	9	10	(Worst Pain Imaginable)
(No Pain) 0	1 2 3	4 5	6	7	8	9	10	(Worst Pain Imaginable)
Please check the things Rest Sitting Walking	that make your pain better:  Standing Activity Position C		Heat   Cold   Sneezing/	Coughing		xercise Other:		
Please check the things Rest Sitting Walking	that make your pain worse:  Standing Activity Position C		Heat Cold Sneezing/			xercise )ther:		
	your pain, using the key to	indicate your p	ain sensation	ns:				
Shooting: → Stabbing: /// Aching: x Throbbing: o Numbness: =		Left	Right	eft				
•	ury or injury related to an at		Yes	□ No				
	of the injury or auto accide the following tests you have							
☐ X-rays ☐ MRI Have you ever had surge	CT Scan/Myelogra cry for your complaint? who was your physician?	m 🗍 EM ] Yes 🗍 No			•			
					**			
Has surgery been recom If yes, who recommende	mended to you for your com	plaint? 🗍 Ye						

Have you ever been to a pain m If yes, when, where and who wa	anagement clinic in the past for your com	plaint?	
Please check all of the previous	treatments that you have had for your con	npliant:	
Treatment/Procedure	Temporary Relief	<u>Lasting Relief</u>	
Physical Therapy	Tyes No	Yes No	
Occupational Therapy	Yes No	Yes No	
TENS Unit	Tyes No	Yes No	
Osteopathic Manipulation	Yes No	Yes No	
☐ Epidural Injection	Tyes No	Yes No	
Facet Block	Tyes No	Yes No	
☐ Nerve Block	🗍 Yes 🗍 No	Yes No	
Sacroiliac Joint Injection	☐ Yes ☐ No	Yes No	
Trigger Point Injection	☐ Yes ☐ No	Yes I No	
Joint Injection	☐ Yes ☐ No	Yes No	
☐ Herbal Medication	Yes No	Yes 🗍 No	
☐ Acupuncture	Tes No	Tes No	
Chiropractor	Yes No	Yes I No	
Stimulator/Pump	Tyes No	Yes No	
Please check all of the previous	medications that you have tried in an atte	empt to control pain:	
<u>Medication</u>	Reason for Stopping Medication	Medication Reason	on for Stopping Medication
☐ Ibuprofen (Motrin/Advil)		☐ Cymbalta	
☐ Naprosyn (Aleve)		Effexor	
☐ Aspirin		☐ Lexapro	
Tylenol		☐ Zoloft	
☐ Celebrex		Paxil	
☐ Bextra/Vioxx		☐ Prozac	
Mobic		Lidoderm Patch	
☐ Arthrotec		Ultram/Ultracet	
Relafen		☐ Tylenol #3/Tylenol #4	
☐ Skelaxin		Darvocet/Darvon	
Flexeril		☐ Percocet/Percodan ☐ Lortab/Lorcet/Vicodin/Vicoprofe	n
☐ Soma		Morphine (Including MS Contin,	
Zanaflex		Oramorph, MSIR, Kadian, Avinza)	
Robaxin		Dilaudid	
☐ Valium		Duragesic Patch	
☐ Xanax		OxyContin	
☐ Neurontin		Demerol	
☐ Tegretol		☐ Actiq	
☐ Zonegran ☐ Lyrica		Fentora	
Amitriptyline (Elavil)		Opana	
Nortriptyline (Pamelor)		Other	

<u>Medication</u>	<u>Dose</u>	Frequency
	and the second s	
ease list all the other medications you are currently taking:		
Medication	Dose	Frequency
		T
0.		
<u>Medication</u>		n to Medication
		n to Medication
	☐ Thyroid Disease ☐ Seizures ☐ B☐ Cancer ☐ H	tomach/Intestinal Problems lood Clots IIV Positive Irinary/Sexual Problems
lease check all current or past medical problems:    High Blood Pressure	Thyroid Disease Solution Solution Solution Solution Solution Box Box Solution Box	tomach/Intestinal Problems lood Clots IIV Positive Irinary/Sexual Problems
lease check all current or past medical problems:    High Blood Pressure	Thyroid Disease So Seizures B Cancer Headaches U Other:	comach/Intestinal Problems lood Clots IIV Positive Irinary/Sexual Problems
lease check all current or past medical problems:    High Blood Pressure	Thyroid Disease Se Se Seizures B Cancer Headaches U	tomach/Intestinal Problems lood Clots IIV Positive Irinary/Sexual Problems
lease check all current or past medical problems:    High Blood Pressure	Thyroid Disease So So Seizures B Cancer Headaches U	tomach/Intestinal Problems lood Clots IIV Positive Irinary/Sexual Problems
lease check all current or past medical problems:    High Blood Pressure	Thyroid Disease Some Bound Solizures Bound	tomach/Intestinal Problems lood Clots IIV Positive Irinary/Sexual Problems

Please tell us abo	out yourself:					
Are you:	Single 🔲 Married	☐ Separated ☐	Divorced 🗍 Wi	dowed		
Do you have chi	ildren? [ Yes [	No If yes, how o	old are they?			
Do you live in:	☐ House ☐ Apa	artment 🔲 Mobile	Home 🗍 Cond	lominium		
What is your oc	cupation?		Employer			
Do you currentl	y smoke or use smokeles	ss tobacco?	Yes 🗍 No	If yes, how much?		
Do you currentl	y drink alcohol?		Yes No	If yes, how much?		
If no to any of the	he above, have you ever			, or consumed alcohol?		
		-				
	y use recreational drugs?					
	and how much?			8		
	ouse problems with recre			Yes 🗍 No		
-	cribe:					
	ouse problems with preso			Yes 🗍 No		
•	cribe:	•	~	<del></del>		
· -				ns in your household at th	e present time?	
	<del></del>	-	-		-	
	i jeo, pienoe doseii.					
Please check the	appropriate diseases wit		•			
	High Blood Pressure	<u>Diabetes</u>	<u>Heart Disease</u>	<u>Cancer</u>	<u>Arthritis</u>	Stroke
Mother						
Father Siblings						
Sons						
Daughters			<u> </u>			
Aunts/Uncles						
Grandparents						
Please check any	problem(s) that you may	have from the list belo	w.			
Abdo		Ear/Nose/Throat		Genitourinary	<u>Neurological</u>	
☐ Nausea		Ringing in Ears		Pain with Urination	☐ Fainting Spells	
☐ Vomiti	-	Loss of Hearing		Inability to Urinate	☐ Weakness	
☐ Diarrh ☐ Consti		☐ Nose Bleeds ☐ Sore Throat		Incontinence Bloody Urination	☐ Dizziness ☐ Headaches	
	Stools	Hoarseness		Decreased Desire for Sex	Tremors	
☐ Heartb	urn					
Psychi	iatric	<b>Endocrine</b>		<u>General</u>	<u>Eyes</u>	
Anxiety		Weight Gain		Fever	Blurry Vision	
☐ Deptes ☐ Memor		<ul><li>☐ Weight Loss</li><li>☐ Excessive Thirst</li></ul>		Chills Fatigue	☐ Double Vision ☐ Irritation	
	l Ideation	Cold Intolerance	ä	Sweats	Discharge	
Inabilit	y to Sleep	☐ Heat Intolerance			v	
r	.rc	Cl.:		Heart	M111	
<u>Lun</u> Cough	-	<u>Skin</u> Rashes	П	Chest Pain	Musculoskeletal  Joint Pain	
☐ Shortn	ess of Breath	Coldness of Hand	s/Feet	Irregular Heart Beat	☐ Joint Swelling	
☐ Cough ☐ Sleep A	Up Blood	☐ Dry Skin☐ Easy Bruising		Heart Murmur	☐ Muscle Cramps	
L Juceph	T	_ Lasy Dialonig				



#### NO SHOW/CANCELLATION POLICY

Atlantic Pain Management & Rehabilitation, P.C. has established a no show/cancellation policy in order to assure all patients have timely access and availability to our physician.

- 1. Initial Visit/New Patient: For optimum care, Atlantic Pain Management & Rehabilitation, P.C. has devoted a large block of time for your first visit. You will be responsible for a \$75.00 charge for failure to keep your scheduled appointment without notifying our office at least 24 hours in advance.
- 2. Follow-up Visit/Established Patient: You will be responsible for a \$50.00 charge for failure to keep your scheduled appointment without notifying our office at least 24 hours in advance. If you should fail to show for two follow-up visits, our office has the right to dismiss you from the practice.
- 3. EMG/NCS Patient: As with new patients, Pain Management & Rehabilitation, P.C. has devoted a large block of time for this diagnostic study. If you do not show, or fail to cancel your EMG/NCS appointment at least 24 hours in advance, you will be responsible for a \$100.00 charge and will not be rescheduled for an EMG/NCS until the charge is paid.
- 4. Your insurance carrier will not be responsible for any no show or cancellation charges.
- 5. All no show charges must be paid in full prior to rescheduling any future appointments.

I have read and understand the above policy.					
Patient Signature:		Date:			



# **AUTHORIZATION & CONSENT**

Patient's Name\_

Date of Birth	MR#
1. Consent for Care: The undersigned p permission to Atlantic Pain Management & deemed necessary during care.	atient or undersigned responsible party (hereinafter referred to as "I") grant Rehabilitation, P.C. to render medical treatment or diagnostic procedures as
information which may be requested either on prinvolved in the medical care and treatment may information given in applying for payment undown VA is correct. I authorize any holder of medical for related services. I further authorize Atlantic I medical or other state funds and to make the new Department of Social Services to release to Atlantic by the patient or on the patient's behalf or the faprovide the patient's social security number volus and others providing healthcare for the purposes with federal and state laws. I additionally authorinumber, and/or benefit information including et al. Authorization for Release of Pain Mar Management & Rehabilitation, P.C. to release an	ation: I give consent for Atlantic Pain Management & Rehabilitation, P.C. to release not has insurance in force as well as any intermediary claims processing agency, such paper or via electronic transmission. I agree others, including physicians and hospital have access to information at the time the patient is registered. I certify that the er TITLE XVIII and TITLE XIX of the Social Security Act, or Champus/Champus or other information to release all information needed to determine these benefits Pain Management & Rehabilitation, P.C. to seek funding on the patient's behalf for cessary referrals, applications and requests on the patient's behalf. I authorize the attic Pain Management & Rehabilitation, P.C. the status of any applications made cot that no application was made effective today and from one year from this date. I intarily and authorize its use by Atlantic Pain Management & Rehabilitation, P.C. of identification, filing insurance claims, billing and collections, and compliance its any agency or person having the patient's social security number, Medicare claim effective date, etc. to release same to Atlantic Pain Management. & Rehabilitation, P.C. nagement Medication Information: I give consent for Atlantic Pain directive information regarding any pain management medication that the patient of doctors, nurses, attorneys, workman's compensation, insurance companies, and law
· ·	eteby assign the right to all health and liability insurance benefits otherwise payable to Management & Rehabilitation, P.C.
I am responsible for payment of all charges not co understand that what an insurance company pays costs and charges. I understand that obtaining pre obligation to pay all charges if the patient's medica further understand that any price quotations given	ad agree that, as the patient, or spouse of the patient, or parent of a minor child, vered or paid within a reasonable time by any medical insurance/coverage. I also is established without regard to Atlantic Pain Management & Rehabilitation, P.C.'s -certification from my medical insurance/coverage does not relieve me of my financial insurance coverage should deny coverage, fully or partially, for the treatment. I are based on averages and may vary significantly from actual charges, based on the medical conditions, and professional interpretations of a physician's order(s).
The undersigned, by signing this sealed do consent to the above stated terms. Each of date he or she signed the same.	ocument, verifies his/her understanding, agreement with, and/or the undersigned acknowledges receipt of a copy of this document on the
Patient's Signature:	Date:
Witness:	



### FINANCIAL POLICY

- 1. Atlantic Pain Management & Rehabilitation, P.C. provides health care services on a feefor-service basis. Commercial insurance is filed as a courtesy to you. If no payment is received within 60 days, a tracer will be sent to your carrier, and you will be asked to pay your balance in full. Please note that your insurance carrier has a contract with you, and although we file for your convenience, we will hold you ultimately responsible for all charges.
- 2. All copays and deductibles, as well as fees for non-covered services, are due at the time of your visit.
- 3. Payment of any outstanding balance is due at the time of your visit.
- 4. If you receive a bill from our office, payment is due within 30 days, unless you call to make payment arrangements.
- 5. If your insurance carrier makes a partial payment, or denies your claim, payment is due within 30 days, unless you call to make payment arrangements.
- 6. For HMO patients: You are responsible for keeping up with your referrals and authorizations for treatment. If you show for an appointment without an authorization or referral, you will have the option of rescheduling your appointment, or keeping it and being 100% responsible for payment of the bill that day.
- 7. For patients involved in legal cases: If your attorney requests services for which there is a fee, this charge will be billed to your account (through your attorney), but it is your responsibility to ensure that these charges are paid by the attorney or yourself.
- 8. For uninsured patients: Please be aware that payment is expected at the time services are rendered. Please feel free to inquire about our fees for services.
- 9. For workers' compensation patients: Our office will obtain authorization for your visit prior to your scheduled appointment. Should your case be controverted or denied for any reason, you will be responsible for any unpaid claims.
- 10. In the event that we have a check returned due to insufficient funds, you will be notified immediately. The balance must be paid immediately, as well as any associated fees.
- 11. Please see the reverse side for a schedule of our non-medical fees.

### I have read and understand the above policy.

Patient Signature:	Date:	
ranom signature.	Date.	



# TRUTH OF DISCLOSURE STATEMENT

Any information\* provided to Atlantic Pain Management, written or verbal, that is intentionally false or deceitful or considered lying by omission in an attempt to obtain medication, in particular controlled medications, will be verified to determine authenticity.

### \*Information such as:

- What medication you are currently taking
- When and where your medication has been filled
- How much medication was dispensed
- Name(s) of treating physician or health care provider

This verification will be done **prior** to our providers writing any prescriptions. Depending upon how hard it is for us to determine this information, prescriptions may not be written on the first visit. This will be determined by the provider you are seeing. We work closely with all pharmacists (local and out of state), local law enforcement, SBI, and the DEA to identify drug seekers. **If it is discovered that any of the above information was falsified in order to obtain medications, we will prosecute you to the fullest extent of the law.** Also, please be aware that any alteration of a written prescription for a controlled substance is an act of felony and is also punishable by law. You will also automatically be discharged from this practice.

I verify that the information I have written out on my Initial Pain Assessment and Medical History Questonnaire for Atlantic Pain Management is true to the best of my knowledge.

Signature of Patient	Date	
Print Name		



### OFFICE POLICIES

Our Goal: The primary treatment goal of our physicians and staff is to help the patient minimize pain and attain maximum function not only medically, but also psychologically, vocationally, and socially.

Our Obligation: Patient trust is fundamental to the patient-physican relationship. This requires adequate communication between the physician and the patient, and that both parties are open and honest. As physicians, we will learn intimate details of the patient's life and promise to hold this information in confidence. We pledge to be an advocate for the required medical care needs of those we treat. Additionally, we will promise to provide neither more, nor less, care than the medical problem requires and administer care in a compassionate manner.

**Appointment Policy:** We understand that your time is valuable and we strive to see all patients in a timely manner. There are times when our schedule is delayed due to emergencies or unforeseen circumstances. Please accept our appology in advance should this occur during your appointment.

Please plan to arrive 20 minutes before your scheduled appointment. This will allow time for completion of any additional necessary paperwork and room placement prior to your scheduled visit. If you arrive more than 10 minutes late for your scheduled appointment, we reserve the right to reschedule your visit for another date. This is typically necessary so that we can maintain our schedule, minimize waiting time and not inconvenience our punctual patients.

Your scheduled appointment time is reserved specifically for you. Any change in this appointment will impact many people. If a cancellation is unavoidable, please contact our office at least 24 hours in advance so that we may give your appointment time to another patient. If two (2) missed appointments or two (2) cancellations occur without 24 hours notice you will be released from our care. Our charges for no show patients are outlined in our No Show/ Cancellation policy that you sign.

Patient Notes: It is the position of this office that notes made by a physician in the course of diagnosing and treating patients are primarily for the physician's use and are therefore the property of that physician. As medical specialists, we do provide ongoing copies of notes to patients' primary care physician to enhance continuity of care. Our office will happily provide any medical facility a copy of our office notes promptly, and at no charge with proper written consent of patient. If the patient requests a copy of their notes personally, or for a non-medical designate, a medical release must be personally signed in our office and a \$10.00 processing fee and \$0.50 per page fee paid prior to our office initiating the duplication of notes. The notes will then be ready for the patient to personally acquire in our office 48 hours after the request is initiated.

Telephone Calls: If you ever experience a medical emergency, Call 911. If you have a non-emergent medical question or prescription refill, kindly call our office and relay your question to the office staff. The question will be directed to the appropriate physician and the office staff will be instructed to return your phone call with an answer prior to the end of that business day. Some questions may require an appointment. If you are unwilling to leave a message, we will happily schedule an appointment for you. Refills on medications require a 48-hour advance notice to process the refill request.



Fees: All medical fees charged are due the day of service. For patients with insurance, your co-payment or deductible amounts are due the day service is provided. We will bill your insurance company for the balance. In the event your insurance company does not pay, the patient is ultimately responsible for his or her own bill prior to any other appointments. Statements for balance due will be mailed monthly. Please pay promptly! This allows us to keep our costs as low as possible.

Forms: Our physicians will happily complete necessary forms which may be needed by any patient currently receiving care through this office. Once received in our office, all forms will be completed within a timely manner. We kindly request that all forms be left with our office staff at the front desk. Please refer to our financial policy form for specific charges.

**Returned Checks:** In the event that we have a check returned there will be a \$25.00 charge assessed to your account. In the event a bad check is not covered within 30 days, future medical payments will only be accepted in cash.

Abuse To The Staff: Abuse of our staff cannot and will not be tolerated. Physical and/or verbal threats, harassment, aggravation, or excessive annoyance of our staff (including multiple phone calls, i.e. more than two (2) on the same day), regarding the same question or request, will unfortunately necessitate discharging the guilty patient from our practice. If physical threats, verbal threats, or harassment occur, then you will be fully prosecuted by the law. We take this very seriously.

Drug Seekers: If one of our physicians decides or determines a patient is seeking, or acquiring, medications for the purposes of abuse, misuse, and/or diversion, that patient will be discharged from our practice.

We thank you for taking the time to read and understand our policies. This helps us provide the best medical treatment possible to our patients.

– The Staff of Atlantic Pain Management & Rehabilitation, P.C.



Theodore W. Nicholas, MD, FAAPMR

Board Certified - Physical Medicine
 Rehabilitation

• Fellow - American Academy of Physical Medicine & Rehabilitation

Non-Surgical Spine Medicine

Musculoskeletal Medicine

Electrodiagnosis (EMG/NCS)

Chronic Pain Management

Rehabilitation Services

January 1, 2013

Dear Patient.

I would like to take this opportunity to welcome you to our practice!

In an effort to assist in financing patient treatments and procedures, we have partnered with CareCredit. We can guide patients through a simple application process from our office. If approved, CareCredit can offer financing at little or no cost to the patient, if paid off in a timely manner.

You may call (800) 677-0718 to apply for a CareCredit card or for more information. You can use the easy, automated system anytime or you can apply with a live agent Monday through Friday from 9:00am – 9:00pm (EST).

Applications may also be submitted at: http://www.carecredit.com/apply/?dtc=DS6V

Sincerely,

Theodore W. Nicholas, MD, FAAPMR



### Release of Information

discuss my healthca from this list I must d	re with the following persons. I to so in writing.	understand tha	t to remove anyone
Name	Relationship		Γelephone Number
[	, give permission to A	Atlantic Pain M	lanagement to
anytime they come to	ons to the following persons.  pick up said prescriptions they a  eed to sign for my prescriptions	I will make the are to bring pho	m aware that
Names			_
atient Signature and I	Date		
Vitness Signature and	Date	•	٠.